

## **U-shaped neck pillow pattern instructions.**

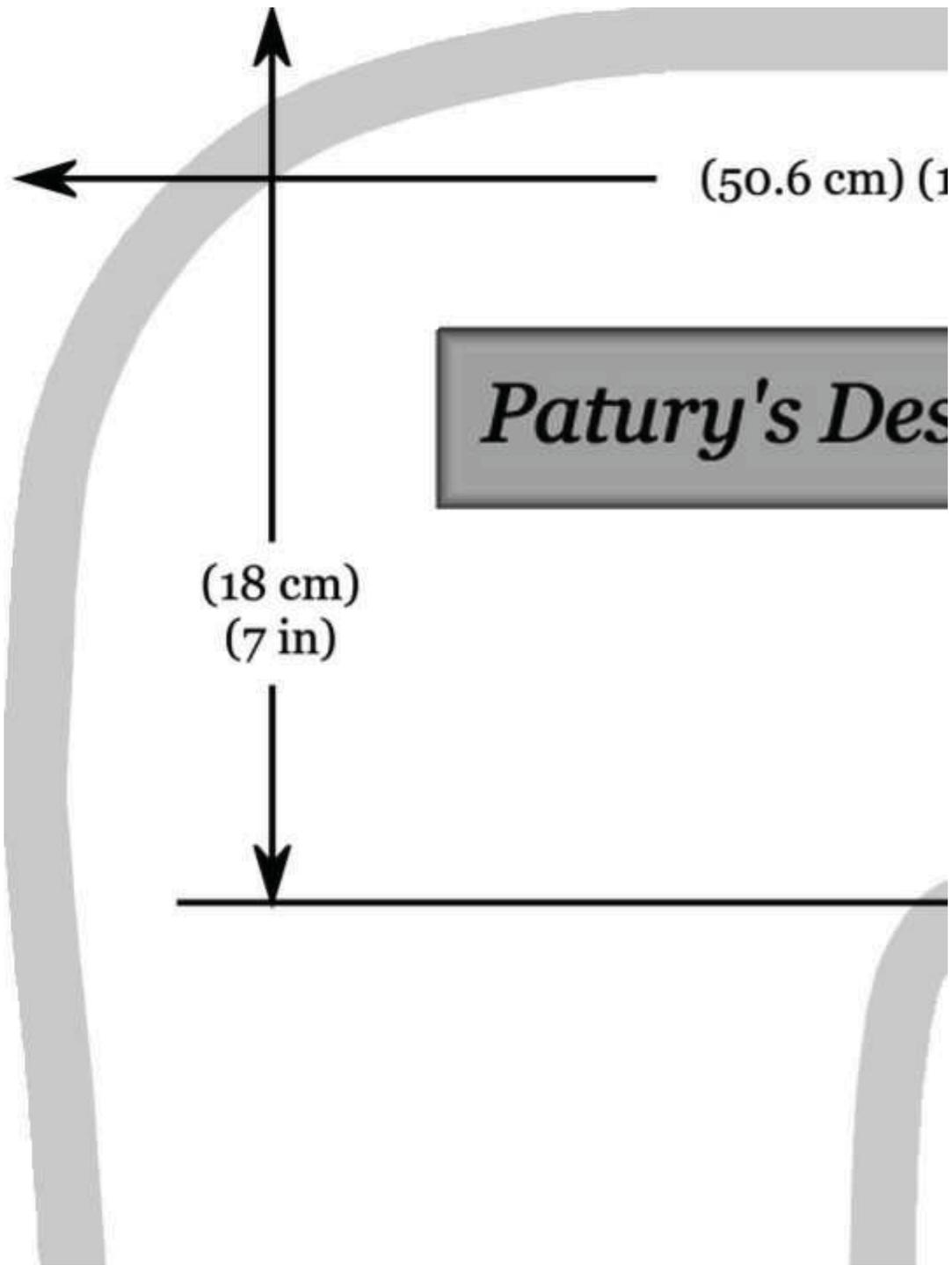
I made this PDF file of a U-shaped neck pillow I designed and made, because I have received several questions and request for it. Also to learn how to make and use PDF files to share my work. Most of the advice I received suggested the use of PDF as a means to share, but they said I would need to buy Adobe Acrobat to create the PDF files. However, we found the program OpenOffice from openoffice.org, it is free and worked very well in creating this PDF file. It is easily read by the free Adobe Reader. It is important to note that when you are printing the pattern with Adobe Reader 6.0 you must be sure to check on the print page that under page handling you select "none" on Page Scaling and "de-select" both (Auto Rotate and Center) and (Choose Paper Source by PDF page size). This pattern was made on 7.5 inch by 10 inch pages so when you print on regular 8.5 by 11 letter paper there will be enough margins for the printer to work with.

Once the pages are printed then trim the edges and tape together the pages. Measure the pattern insuring it matches the measurements written on the pattern. Just to be sure the process of printing did not alter the size of the pattern.

To use the pattern, cut out 2 pieces of cloth matching the pattern, a front and back. The shaded area is the seam allowance, it is about (1.5 cm)(1/2 in). Put the 2 pieces of cloth together with the 2 finished sides or face sides facing each other. Sew the inner edges of seam allowance except for a center opening of about (10 cm)(4 in). (Note: The pattern shows the opening in the "U" portion, but it could also be along the long side.) Clip the curves to the stitching. Turn pillow face side out through the opening. Then fill with desired filling and hand stitch the opening shut. I used 100% polyester fiber for the filling. Because it is soft, comfortable and light weight enough for this large size pillow. You can get 100% polyester fiber filler at most discount stores for about \$2.00 for 20 ounces, about enough to do 2 similar pillows.

I hope you enjoy the pillow as much as my husband does his.  
Patury's Design

*Patury's Design*

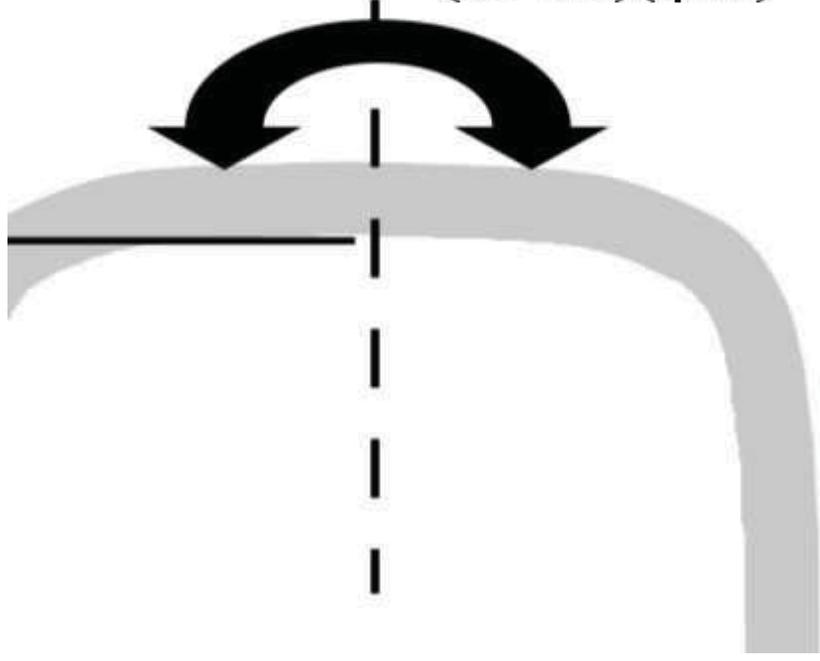


*Patury's Design*

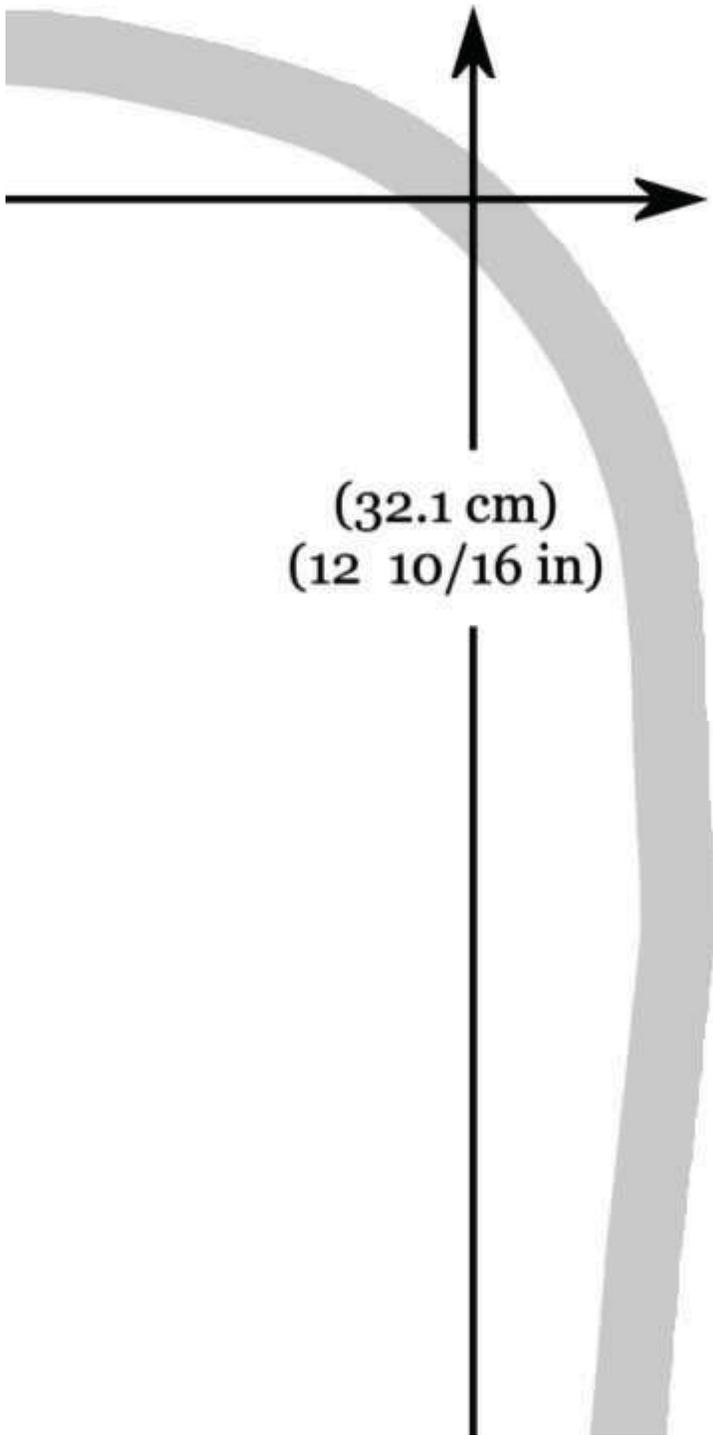
9 15/16 in)

sign

Opening for stuffing pillow  
(10 cm)(4 in)

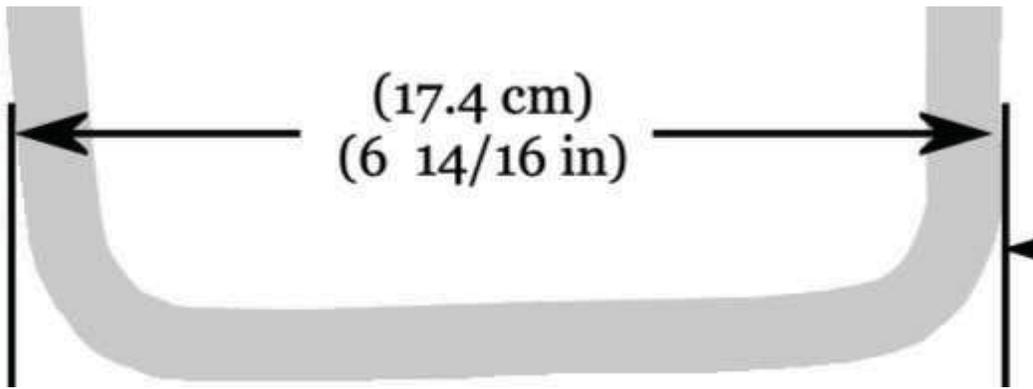


*Patury's Design*

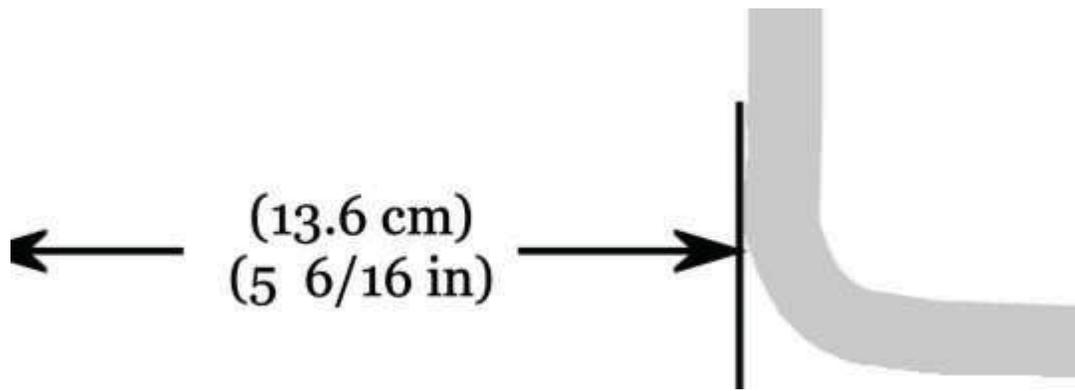


(32.1 cm)  
(12 10/16 in)

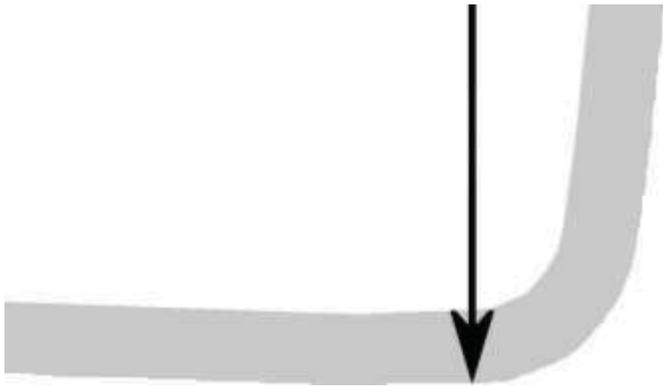
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